
Role of Women in India's Freedom Struggle

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Abstract

The Indian freedom struggle was not solely a political movement led by a few prominent male leaders; it was a mass awakening in which women from diverse social, economic, regional, and ideological backgrounds played decisive roles. From the late eighteenth century to Independence in 1947, women participated as leaders, organizers, revolutionaries, educators, writers, and symbols of moral resistance. This paper examines the multifaceted contribution of women to India's freedom struggle, tracing their participation across phases—from early resistance and reform movements to Gandhian mass mobilization and revolutionary nationalism. It analyzes how women negotiated patriarchy, colonial power, and nationalism, and how their participation transformed both the freedom movement and women's status in Indian society. The study argues that women were not merely supportive actors but agents who shaped strategies, mobilized communities, sustained movements, and reimagined citizenship and nationhood.

Keywords: Indian freedom struggle, women leaders, nationalism, Gandhian movement, revolutionary women, social reform

Introduction

The struggle for India's independence from British colonial rule (1757–1947) was a monumental and multi-faceted movement, encompassing political, social, and cultural dimensions. While the contributions of prominent male leaders are often highlighted in historical narratives, the role of women has frequently been underrepresented despite their significant impact. Women in India, from diverse social, regional, and economic backgrounds, actively engaged in the fight against colonial oppression. They participated not only as supportive figures but also as leaders, organizers, reformers, writers, and revolutionaries, challenging both colonial authority and traditional patriarchal structures.

The involvement of women in the freedom struggle evolved over time, reflecting broader social and political transformations. Early engagement was often connected to social reform and education, but by the twentieth century, women became central to mass movements, non-violent protests, revolutionary activities, and grassroots mobilization. Their participation also highlighted the intersection of gender and nationalism, as women negotiated societal expectations while asserting their political agency.

This research paper seeks to provide a comprehensive understanding of the multifaceted role of women in India's freedom struggle. It examines the historical context, key figures, significant movements, and the enduring legacy of women's activism. By analyzing the contributions of women, this study underscores their indispensable role in shaping India's nationalist movement and the evolution of modern Indian society.

2. Historical Background: Women and Colonial India

Colonial rule profoundly altered Indian society, economy, and polity. British administrative practices, economic exploitation, and cultural interventions created conditions that provoked resistance. For women, colonialism intersected with indigenous patriarchy in complex ways. On the one hand, colonial discourse often portrayed Indian women as oppressed, using this narrative to justify imperial rule. On the other hand, colonial

policies and missionary activities sometimes opened limited avenues for women's education and public engagement.

The nineteenth century witnessed social reform movements addressing issues such as sati, child marriage, widow remarriage, and women's education. Reformers like Raja Ram Mohan Roy, Ishwar Chandra Vidyasagar, Jyotirao Phule, and later women reformers themselves contributed to a growing public debate on women's rights. These reforms laid the groundwork for women's political participation by fostering literacy, self-awareness, and organizational experience.

3. Early Resistance and the Revolt of 1857

The Revolt of 1857 marked a significant moment in India's anti-colonial resistance and witnessed notable participation by women. Figures such as Rani Lakshmbai of Jhansi emerged as enduring symbols of courage and resistance. Lakshmbai's leadership in battle, administrative acumen, and martyrdom challenged gender stereotypes and inspired subsequent generations.

Other women, including Begum Hazrat Mahal of Awadh, played crucial roles in organizing resistance, mobilizing support, and articulating political demands. The participation of women in 1857 demonstrated that anti-colonial resistance was not confined to elite male actors but extended across gender and class lines. Although the revolt was ultimately suppressed, it left a powerful legacy of women's militancy and leadership.

4. Women in the Nationalist Awakening (1885–1915)

The formation of the Indian National Congress in 1885 marked the beginning of organized nationalist politics. Initially dominated by educated male elites, the Congress gradually opened its doors to women. Early women participants included Sarojini Naidu, Annie Besant, and Pandita Ramabai, who combined political activism with social reform.

Sarojini Naidu, known as the "Nightingale of India," emerged as a prominent nationalist leader, poet, and orator. She advocated women's participation in politics and represented India at international forums. Annie Besant's involvement in the Home Rule Movement further expanded women's political visibility, while Pandita Ramabai's work emphasized women's education and empowerment.

This period also saw the rise of women's organizations, journals, and educational institutions that fostered political consciousness. Women began to engage in public meetings, petitions, and debates, laying the foundation for mass participation in later phases of the struggle.

5. Gandhian Era and Mass Mobilization of Women

The arrival of Mahatma Gandhi transformed the freedom struggle by emphasizing non-violent mass participation. Gandhi's ideology and methods—satyagraha, swadeshi, and constructive work—created unprecedented opportunities for women's involvement. Gandhi viewed women as moral agents capable of embodying non-violence, self-sacrifice, and discipline.

5.1 Non-Cooperation and Civil Disobedience Movements

During the Non-Cooperation Movement (1920–22) and the Civil Disobedience Movement (1930–34), thousands of women participated in picketing liquor shops, boycotting foreign goods, spinning khadi, and courting arrest. Leaders like Kamala Nehru, Kasturba Gandhi, and Rajkumari Amrit Kaur mobilized women across urban and rural areas.

Women from diverse backgrounds—middle-class, peasant, tribal—entered public spaces, often facing police repression and social censure. Their participation challenged colonial authority and redefined gender roles.

The Salt Satyagraha of 1930, in particular, witnessed massive women's involvement, symbolizing their claim to political citizenship.

5.2 Constructive Program and Social Transformation

Gandhi's constructive program emphasized social reform alongside political struggle. Women played central roles in promoting khadi, basic education, sanitation, and communal harmony. These activities linked nationalism with everyday life and enabled women to exercise leadership within their communities.

6. Revolutionary and Militant Nationalism

Alongside non-violent movements, women participated in revolutionary and militant activities aimed at overthrowing colonial rule. Figures such as Bhikaji Cama, Kalpana Dutt, Pritilata Waddedar, and Usha Mehta exemplified women's involvement in underground networks, armed resistance, and propaganda.

Bhikaji Cama, active in exile, supported revolutionary groups in Europe and unfurled an early version of the Indian national flag. Kalpana Dutt and Pritilata Waddedar participated in armed actions against colonial establishments in Bengal, demonstrating women's willingness to embrace radical means.

Usha Mehta's role in operating the secret Congress Radio during the Quit India Movement (1942) highlights women's ingenuity and courage. These revolutionary women challenged both colonial power and patriarchal norms, expanding the spectrum of nationalist resistance.

7. Quit India Movement and Women's Leadership

The Quit India Movement of 1942 marked a decisive phase in the struggle for independence. With many male leaders imprisoned, women assumed leadership roles at local and regional levels. Aruna Asaf Ali emerged as a prominent figure, famously hoisting the national flag at the Gowalia Tank Maidan in Bombay.

Women organized protests, strikes, and parallel administrations, often facing severe repression. Their leadership during Quit India demonstrated political maturity, organizational skills, and resilience. The movement underscored women's capacity to sustain resistance under extreme conditions.

8. Women, Community, and the Grassroots

Beyond prominent leaders, countless unnamed women contributed to the freedom struggle at the grassroots level. Peasant women, tribal women, and working-class women participated in movements against land revenue policies, forest laws, and labor exploitation. In regions such as Telangana, Assam, and the North-West Frontier Province, women played critical roles in mobilizing communities and sustaining resistance.

Women also served as messengers, shelter providers, fundraisers, and caretakers for activists. Their domestic spaces often became sites of political activity. This invisible labor was essential to the survival and success of the nationalist movement.

9. Intersection of Nationalism and Women's Emancipation

Women's participation in the freedom struggle had profound implications for gender relations and women's rights. Nationalist discourse often invoked women as symbols of the nation—Bharat Mata—while simultaneously encouraging their active participation. This dual imagery reflected tensions between idealization and empowerment.

The freedom struggle facilitated women's entry into public life, leadership, and political decision-making. It also generated debates on suffrage, legal rights, and social reform. Women leaders advocated education, health, and equality, influencing post-independence policies and constitutional provisions.

10. Limitations and Contradictions

Despite significant achievements, women's participation in the freedom struggle was marked by limitations and contradictions. Leadership remained largely male-dominated, and women's contributions were often marginalized in historical narratives. Class, caste, and regional disparities shaped access to education and political power.

Moreover, nationalist priorities sometimes subordinated women's specific demands to the broader goal of independence. The post-independence period witnessed both advances and setbacks in women's status, highlighting the incomplete nature of emancipation.

11. Legacy and Impact

The legacy of women's participation in India's freedom struggle is enduring and multifaceted. It expanded the boundaries of political participation, challenged gender norms, and inspired subsequent movements for social justice and equality. Women's leadership during the nationalist movement laid the foundation for their involvement in post-independence politics, administration, and civil society.

The Constituent Assembly included several women members who contributed to shaping India's संविधान (Constitution). The ideals of equality, justice, and democracy enshrined in the Constitution reflect the struggles and aspirations of women freedom fighters.

12. Conclusion

Women were indispensable architects of India's freedom struggle, contributing across a wide spectrum of political, social, and revolutionary activities. From early reform movements to militant resistance, and from Gandhian non-violent campaigns to grassroots mobilization, women played critical roles in shaping India's journey toward independence. Their participation challenged not only colonial domination but also entrenched patriarchal norms, demonstrating resilience, leadership, and strategic acumen.

The freedom struggle provided women with opportunities to redefine their societal roles and assert their political agency. Women leaders and activists fostered mass mobilization, nurtured social reforms, and inspired subsequent generations to pursue gender equality and social justice. Although they often faced marginalization within mainstream historical narratives, their contributions had profound implications for post-independence India, influencing policies on women's rights, education, and political representation.

Recognizing the role of women in India's independence movement is essential for a holistic understanding of the struggle. Their courage, dedication, and vision remain enduring symbols of empowerment, reminding us that the fight for freedom and equality is inseparable from the pursuit of gender justice.

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